

Derived Product

ID	577
Uses ID	1,858
Product Name	Cut fresh fruit
Product Description	Its fruits are excellent sources of vitamin A, vitamin B6, vitamin C and vitamin E. Tamarillo also has a significant amount of minerals like iron, potassium and magnesium. The tamarillo is an excellent source of antioxidants because it contains a type of flavonoid known as anthocyanins. They can be used as a substitute for tomatoes, cut fresh in salads, served sweetened in desserts, or added to spicy sauces
Notes	<i>NULL</i>
Metadata ID	9,389