

Uses

ID	1,324
Crop ID	Soybean
Part	Seed
Use Category	Medicinal
Notes	The fermented seed is weakly diaphoretic and stomachic. It is used in the treatment of colds, fevers and headaches, insomnia, irritability and a stuffy sensation in the chest. Soybean is listed as a major starting material for stigmasterol, once known as an antistiffness factor. Sitosterol, also a soy by-product, has been used to replace diosgenin in some antihypertensive drugs.
Metadata ID	8,432