

Uses

ID	1,368
Crop ID	Wild Mint
Part	Whole
Use Category	Medicinal
Notes	Horsemint, like many other members of this genus, is often used as a domestic herbal remedy, being valued especially for its antiseptic properties and its beneficial effect on the digestion. Like other members of the genus, it is best not used by pregnant women because large doses can cause an abortion. The leaves and flowering stems are antiasthmatic, antispasmodic, carminative and stimulant.
Metadata ID	8,441