

Uses

ID	1,468
Crop ID	Wild Ginger
Part	Rhizome
Use Category	Food
Notes	The tender young rhizomes are aromatic, They can be eaten raw, steamed, in curries or cooked with chilli paste and used as a side dish with rice. The rhizomes can also be used as a condiment and, when dried, have been used as a substitute for turmeric in curry powder.
Metadata ID	8,463