

Uses

ID	1,482
Crop ID	Livingstone Potato
Part	Whole
Use Category	Food
Notes	A traditional treatment in India, the herb is used to treat a wide range of digestive problems including, wind, bloating and abdominal discomfort. It has an antispasmodic action, making it valuable in the treatment of respiratory complaints, including asthma and bronchitis. It is used as a remedy for headaches and is also said to be anthelmintic.
Metadata ID	8,467