

Uses

ID	1,507
Crop ID	Gembok Bean (<i>Tylosema esculentum</i>)
Part	Tuber
Use Category	Oil (Food)
Notes	Young tubers are eaten baked, boiled or roasted, as a vegetable dish. Tubers older than 2 years become fibrous and bitter and are usually not eaten, but they are an important emergency source of water for humans and animals.
Metadata ID	8,487