

Uses

ID	1,543
Crop ID	Celosia
Part	Leaf
Use Category	Food
Notes	Celosia is primarily used as a leafy vegetable. The leaves and tender stems are cooked into soups, sauces or stews with various ingredients. Celosia leaves are tender and break down easily when cooked only briefly. The young inflorescences are also eaten as a potherb.
Metadata ID	8,504