

Uses

ID	1,683
Crop ID	Guava
Part	Fruit
Use Category	Food
Notes	The fruit of the guava is highly valued and used in a number of different ways. It is very high in vitamin C, and also contains large amounts of vitamin A . The fruit can be eaten raw, but uncooked guavas are usually sliced and used in salads or desserts.
Metadata ID	8,818