

Uses

ID	230
Crop ID	Elecampane
Part	Whole
Use Category	Medicinal
Notes	A very safe herb to use, it is suitable for the old and the young and especially useful when the patient is debilitated. It cleanses toxins from the body, stimulating the immune and digestive systems and treating bacterial and fungal infections. The root is alterative, anthelmintic, antiseptic, astringent, bitter, cholagogue, demulcent, diaphoretic, diuretic, mildly expectorant, gently stimulant, stomachic, tonic.
Metadata ID	7,318