

# Uses

ID	290
Crop ID	German Chamomile
Part	Flower
Use Category	Medicinal
Notes	The most widespread use of chamomile flowers on the market is as a herbal remedy. German chamomile is widely used medicinally as an anti-inflammatory, antibacterial, antispasmodic and sedative agent. Hydrophobic and hydrophilic components of German chamomile relax smooth muscles.
Metadata ID	7,432