

# Uses

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|--------------|---|
| ID           | 429   |
| Crop ID      | Snake Gourd   |
| Part         | Fruit   |
| Use Category | Food  |
| Notes        | Immature fruits, and more rarely young shoots and leaves of snake gourd are used as cooked vegetables. The fully mature fruit contains a soft, red, tomato-like pulp that is used in stews or sauces as a substitute for tomato puree or paste. |
| Metadata ID  | 7,645   |