

# Uses

ID	442
Crop ID	Ivy Gourd
Part	Fruit
Use Category	Food
Notes	C. grandis is used in cooking and medicine. The immature fruit and shoot tips are used in Asian cooking, and the fruit is eaten in India and Ethiopia. C. grandis is commonly used as a wild vegetable in rural areas of Kannauj districts in Uttar Pradesh, India.
Metadata ID	7,663