

# Uses

ID	444
Crop ID	White-seed Melon
Part	Seed
Use Category	Oil (Food)
Notes	Egusi-itoo is mainly grown for its oily seed. An expensive semi-drying oil is extracted from the kernel, whereas the residue is fed to animals or used in the preparation of local snacks. The oil is suitable for cooking, soap making and, less commonly, illumination. It can readily be refined into superior products for table use. It is of better quality and higher value than cottonseed oil. The flesh of the fruit, though edible, is not commonly eaten.
Metadata ID	7,666