

Uses

ID	456
Crop ID	Edible Spike Rush
Part	Tuber
Use Category	Food
Notes	Chinese water chestnut (tuber or corm) is used as a vegetable both raw or cooked in numerous local dishes such as omelets, soups, salads, meat and fish dishes, and even in sweet dishes in China. The larger corms are widely eaten raw as a substitute for fresh fruits. The smaller corms are used principally for making starch. In Indonesia and the Philippines, the corms are usually made into chips ("emping teki").
Metadata ID	7,686