

# Uses

ID	541
Crop ID	Russian Olive
Part	Whole (without root)
Use Category	Medicinal
Notes	The leaves, shoots, flowers, fruits and bark have been traditionally used in Chinese medicine. All parts of the tree are used in ethnomedicine to treat a range of conditions. It has a range of activities including astringent, antitussive, antiinflammatory and carminative and well as beneficial effects on joint and arthritic pain, and wound healing. It has also been used as a female aphrodisiac, a liver and spleen tonic, a treatment for diarrhoea, osteoporosis and stomach problems.
Metadata ID	7,893