

# Metadata

Metadata ID	757
Contributor	Thik Sukree
Date	2016-11-12
Ref1	<a href="https://ndb.nal.usda.gov/ndb/foods/show/2832?fgcd=&amp;man=&amp;facet=&amp;count=&amp;max=&amp;sort=&amp;qlookup=&amp;offset=&amp;format=Full&amp;new=&amp;measureby=">https://ndb.nal.usda.gov/ndb/foods/show/2832?fgcd=&amp;man=&amp;facet=&amp;count=&amp;max=&amp;sort=&amp;qlookup=&amp;offset=&amp;format=Full&amp;new=&amp;measureby=</a>
Src1	United States Department of Agriculture.(2018). Full Report (All Nutrients): 11024, Balsam-pear (bitter gourd), pods, raw Retrieved from <a href="https://ndb.nal.usda.gov/ndb/foods/show/2832?fgcd=&amp;man=&amp;facet=&amp;count=&amp;max=&amp;sort=&amp;qlookup=&amp;offset=&amp;format=Full&amp;new=&amp;measureby=">https://ndb.nal.usda.gov/ndb/foods/show/2832?fgcd=&amp;man=&amp;facet=&amp;count=&amp;max=&amp;sort=&amp;qlookup=&amp;offset=&amp;format=Full&amp;new=&amp;measureby=</a>
Accuracy Flag	Amber
Location	Global
Document	432.00
Ref2	<a href="http://www.inmu.mahidol.ac.th/aseanfoods/doc/OnlineASEAN_FCD_V1_2014.pdf">http://www.inmu.mahidol.ac.th/aseanfoods/doc/OnlineASEAN_FCD_V1_2014.pdf</a>
Src2	Institute of Nutrition, Mahidol University. (2014). ASEAN Food Composition Database, Electronic version 1, February 2014, Thailand. Retrieved from <a href="http://www.inmu.mahidol.ac.th/aseanfoods/doc/OnlineASEAN_FCD_V1_2014.pdf">http://www.inmu.mahidol.ac.th/aseanfoods/doc/OnlineASEAN_FCD_V1_2014.pdf</a>
Accuracy Flag	Amber
Location	South East Asia
Document	21.00
Ref3	NULL
Src3	NULL
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Document	NULL
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Notes	Revised record 10.9.2019.