

# Antinutrient & Toxicity

Antinutrient and Toxicity ID	127
Crop ID	Breadfruit
Part	Fruit
Reported Factor	Oxalate
Effect	<i>NULL</i>
Cause Toxicity	false
Cause Allergic Reaction	false
Reduction Method	Processing by cooking and soaking reduced the concentration of oxalate and tannin.
Notes	Breadfruits harvested from the same tree on a farm around Ile-Ife, Osun State, Nigeria were prepared into meals
Metadata Id	8,576