

# Antinutrient & Toxicity

Antinutrient and Toxicity ID	153
Crop ID	Purple Amaranth
Part	Leaf
Reported Factor	Oxalate
Effect	The elevated levels of oxalates recorded at heading of <i>Amaranthus cruentus</i> is enough indication to avoid the inclusion of this popularly consume leafy in our meal at reproductive phase because of the health implications of high ingestion of these toxic substances; oxalates are responsible for kidney stone and reduction of bioavailability of minerals in the body.
Cause Toxicity	false
Cause Allergic Reaction	false
Reduction Method	<i>NULL</i>
Notes	<i>NULL</i>
Metadata Id	8,594