

# Antinutrient & Toxicity

Antinutrient and Toxicity ID	160
Crop ID	Winged Bean
Part	Seed
Reported Factor	Phytate
Effect	It is an antioxidant that binds to some dietary minerals, interfering with their availability.
Cause Toxicity	false
Cause Allergic Reaction	false
Reduction Method	<i>NULL</i>
Notes	<i>NULL</i>
Metadata Id	8,600