

Antinutrient & Toxicity

Antinutrient and Toxicity ID	164
Crop ID	Black Nightshade
Part	Shoot
Reported Factor	Phytate
Effect	<i>NULL</i>
Cause Toxicity	false
Cause Allergic Reaction	false
Reduction Method	These are believed to be significantly reduced during the process of cooking since they are heat labile.
Notes	<i>NULL</i>
Metadata Id	8,602