

# Antinutrient & Toxicity

Antinutrient and Toxicity ID	17
Crop ID	Chinese Spinach
Part	Leaf
Reported Factor	Tannin
Effect	<i>NULL</i>
Cause Toxicity	false
Cause Allergic Reaction	false
Reduction Method	Cooking/conventional boiling method was effective in reducing the tannin content.
Notes	<i>NULL</i>
Metadata Id	8,534