

Antinutrient & Toxicity

Antinutrient and Toxicity ID	171
Crop ID	Celosia
Part	Leaf
Reported Factor	Saponins
Effect	Saponins at high concentrations can affect nutrient absorption by inhibition of metabolic and digestive enzymes as well as binding with nutrients such as zinc.
Cause Toxicity	false
Cause Allergic Reaction	false
Reduction Method	<i>NULL</i>
Notes	When saponin in a diet is less than 10%, it is believed to be harmless to the body.
Metadata Id	8,607