

Antinutrient & Toxicity

Antinutrient and Toxicity ID	204
Crop ID	Cole's Wattle
Part	Seed
Reported Factor	Oxalate
Effect	Oxalate tends to form bonds with metal ions to produce an insoluble precipitate. One such is calcium oxalate that has been linked to the development of kidney stones.
Cause Toxicity	false
Cause Allergic Reaction	false
Reduction Method	The roasting process was found to reduce this oxalate present by around 30%.
Notes	report shows moderate levels of oxalate in Acacia colei seed (2.17 - 2.39 g/100g), much lower than that found in common vegetable such as cabbage and sweet potato
Metadata Id	8,919