

Antinutrient & Toxicity

Antinutrient and Toxicity ID	209
Crop ID	Cole's Wattle
Part	Seed
Reported Factor	S-Carboxyethyl Cysteine
Effect	S-carboxyethyl cysteine interferes with methionine availability or absorption. A shortage of absorbable methionine will limit the efficiency of protein use, possibly tipping vulnerable people into deficiency.
Cause Toxicity	false
Cause Allergic Reaction	false
Reduction Method	It is stated that the problem could probably be overcome if high methionine foods such as the traditional grain acha (<i>Digitaria exilis</i>) are eaten along with acacia. Moringa leaf would also provide excellent methionine supplementation.
Notes	<i>NULL</i>
Metadata Id	8,919