

# Antinutrient & Toxicity

Antinutrient and Toxicity ID	225
Crop ID	Chickpea
Part	Seed
Reported Factor	Saponins
Effect	Saponins are commonly found in several pulses including chickpea giving the pulses a bitter taste and making them less preferable for consumption by humans and animals.
Cause Toxicity	false
Cause Allergic Reaction	false
Reduction Method	Though the ANFs act as limiting factors in chickpea consumption, they can be reduced or eliminated by soaking, cooking, boiling and autoclaving.
Notes	<i>NULL</i>
Metadata Id	8,922