

Antinutrient & Toxicity

Antinutrient and Toxicity ID	31
Crop ID	Okra
Part	Pod
Reported Factor	Oxalate
Effect	Oxalates can have a harmful effect on human reducing calcium absorption and aiding the formation of kidney stones.
Cause Toxicity	false
Cause Allergic Reaction	false
Reduction Method	<i>NULL</i>
Notes	<i>NULL</i>
Metadata Id	8,551