

# Antinutrient & Toxicity

Antinutrient and Toxicity ID	38
Crop ID	Okra
Part	Fruit
Reported Factor	Oxalate
Effect	Over consumption of diet with high concentration of oxalate causes kidney stones.
Cause Toxicity	false
Cause Allergic Reaction	false
Reduction Method	<i>NULL</i>
Notes	Values obtained are lower than the established toxic level.
Metadata Id	8,551