

# Antinutrient & Toxicity

Antinutrient and Toxicity ID	39
Crop ID	Okra
Part	Fruit
Reported Factor	Saponin
Effect	They are dangerous when they get into the blood stream because they quickly haemolyse red blood cells.
Cause Toxicity	false
Cause Allergic Reaction	false
Reduction Method	<i>NULL</i>
Notes	Values obtained are lower than the established toxic level.
Metadata Id	8,551