

Antinutrient & Toxicity

Antinutrient and Toxicity ID	95
Crop ID	Lesser Yam
Part	Tuber
Reported Factor	Tannin
Effect	Tannins have been reported to form complexes with proteins and reduce their digestibility and palatability
Cause Toxicity	false
Cause Allergic Reaction	false
Reduction Method	Their contents in foods are known to reduce through cooking
Notes	<i>NULL</i>
Metadata Id	8,570