

Nutrition

Nutrition ID	2,533
Crop ID	Kale
Part	Whole
Variable	3009 Vitamin A RAE (mcg/100g)
Weight Basis	Unspecified
Value Mean	241.00
Value Max	NULL
Value Min	NULL
Data Flag	Source presented value
Analysis Method	NULL
Pre-treatment	NULL
Sample Number	NULL
Material Source	NULL
Recommended Data	true
Notes	This value is based on raw Kale (Brassica oleracea (Acephala Group))
Metadata Id	730