

Nutrition

Nutrition ID	2,542
Crop ID	Kale
Part	Whole
Variable	3019 Vitamin C Ascorbic Acid (mg/100g)
Weight Basis	Unspecified
Value Mean	93.40
Value Max	<i>NULL</i>
Value Min	<i>NULL</i>
Data Flag	Source presented value
Analysis Method	<i>NULL</i>
Pre-treatment	<i>NULL</i>
Sample Number	<i>NULL</i>
Material Source	<i>NULL</i>
Recommended Data	true
Notes	This value is based on raw Kale (Brassica oleracea (Acephala Group))
Metadata Id	730