

# Nutrition

Nutrition ID	2,689
Crop ID	Laver Seaweed
Part	Whole
Variable	3002 Beta Carotene (mcg/100g)
Weight Basis	Unspecified
Value Mean	3.00
Value Max	NULL
Value Min	NULL
Data Flag	Source presented value
Analysis Method	NULL
Pre-treatment	NULL
Sample Number	NULL
Material Source	NULL
Recommended Data	true
Notes	NULL
Metadata Id	761