

# Nutrition

Nutrition ID	3,465
Crop ID	Bitter Gourd
Part	Fruit
Variable	3019 Vitamin C Ascorbic Acid (mg/100g)
Weight Basis	Unspecified
Value Mean	84.00
Value Max	NULL
Value Min	NULL
Data Flag	Source presented value
Analysis Method	NULL
Pre-treatment	NULL
Sample Number	NULL
Material Source	NULL
Recommended Data	true
Notes	NULL
Metadata Id	756