

# Nutrition

|                  |   |
|------------------|---|
| Nutrition ID     | 3,492   |
| Crop ID          | Nettle  |
| Part             | Whole (without root)  |
| Variable         | 3015 Vitamin B6 Pyridoxine (mg/100g)                          |
| Weight Basis     | Unspecified   |
| Value Mean       | 0.10  |
| Value Max        | <i>NULL</i>   |
| Value Min        | <i>NULL</i>   |
| Data Flag        | Source presented value  |
| Analysis Method  | <i>NULL</i>   |
| Pre-treatment    | <i>NULL</i>   |
| Sample Number    | <i>NULL</i>   |
| Material Source  | <i>NULL</i>   |
| Recommended Data | true  |
| Notes            | This value is based on the edible portion of blanched nettle. |
| Metadata Id      | 894   |