

Nutrition

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| Nutrition ID | 3,500 |
| Crop ID | New Zealand Spinach |
| Part | Whole (without root) |
| Variable | 3019 Vitamin C Ascorbic Acid (mg/100g) |
| Weight Basis | Unspecified |
| Value Mean | 30.00 |
| Value Max | <i>NULL</i> |
| Value Min | <i>NULL</i> |
| Data Flag | Source presented value |
| Analysis Method | <i>NULL</i> |
| Pre-treatment | <i>NULL</i> |
| Sample Number | <i>NULL</i> |
| Material Source | <i>NULL</i> |
| Recommended Data | true |
| Notes | This value is based on the edible portion of the crop. |
| Metadata Id | 896 |