

Nutrition

Nutrition ID	4,574
Crop ID	Watercress
Part	Leaf
Variable	3009 Vitamin A RAE (mcg/100g)
Weight Basis	Unspecified
Value Mean	160.00
Value Max	NULL
Value Min	NULL
Data Flag	Source presented value
Analysis Method	NULL
Pre-treatment	NULL
Sample Number	NULL
Material Source	NULL
Recommended Data	true
Notes	NULL
Metadata Id	1,066