

# Nutrition

|                  |                               |
|------------------|-------------------------------|
| Nutrition ID     | 4,970                         |
| Crop ID          | Avocado 'Hass'                |
| Part             | Fruit                         |
| Variable         | 3009 Vitamin A RAE (mcg/100g) |
| Weight Basis     | Unspecified                   |
| Value Mean       | 7.00                          |
| Value Max        | NULL                          |
| Value Min        | NULL                          |
| Data Flag        | Source presented value        |
| Analysis Method  | NULL                          |
| Pre-treatment    | NULL                          |
| Sample Number    | NULL                          |
| Material Source  | NULL                          |
| Recommended Data | true                          |
| Notes            | NULL                          |
| Metadata Id      | 1,160                         |