

# Nutrition

Nutrition ID	5,000
Crop ID	Black Raspberry
Part	Fruit
Variable	3019 Vitamin C Ascorbic Acid (mg/100g)
Weight Basis	Unspecified
Value Mean	2.38
Value Max	NULL
Value Min	NULL
Data Flag	Source presented value
Analysis Method	NULL
Pre-treatment	NULL
Sample Number	NULL
Material Source	NULL
Recommended Data	true
Notes	This value is according to black raspberries packed and processed with IQF (individually quick frozen)
Metadata Id	1,184