

# Nutrition

Nutrition ID	6,076
Crop ID	Spelt Wheat
Part	Grain
Variable	4008 Magnesium Mg (mg/100g)
Weight Basis	Unspecified
Value Mean	136.00
Value Max	NULL
Value Min	NULL
Data Flag	Source presented value
Analysis Method	NULL
Pre-treatment	NULL
Sample Number	NULL
Material Source	NULL
Recommended Data	true
Notes	The value is based on uncooked Spelt Wheat ( <i>Triticum aestivum</i> L. subsp. <i>spelta</i> ) which is the synonym of <i>Triticum spelta</i> L..
Metadata Id	1,239