

Nutrition

Nutrition ID	886
Crop ID	Garden Orach
Part	Leaf
Variable	1013 Fibre (g/100g)
Weight Basis	Unspecified
Value Mean	11.00
Value Max	NULL
Value Min	NULL
Data Flag	Source presented value
Analysis Method	NULL
Pre-treatment	NULL
Sample Number	NULL
Material Source	NULL
Recommended Data	false
Notes	Value cited from Miller (1959).
Metadata Id	263