

Nutrition

Nutrition ID	9,260
Crop ID	Winged Bean
Part	Pod
Variable	4008 Magnesium Mg (mg/100g)
Weight Basis	Unspecified
Value Mean	44.00
Value Max	NULL
Value Min	NULL
Data Flag	Analytical value
Analysis Method	NULL
Pre-treatment	NULL
Sample Number	NULL
Material Source	NULL
Recommended Data	false
Notes	Value is cited from NAS, USA (1981) on raw winged bean fresh pod. Value is represents in %
Metadata Id	9,281